

Dr. Stein's Team Comparison of Services Checklist

	PROFESSIONAL	
	Achina Stein DO, IFMCP	April Ritchotte, FDN-P
COMPARSION FACTORS:		
MEDICAL:		
Medical/Psychiatric Evaluation	X	
Prescribing medications	X	
Psychotherapy	X	
Order medical testing	X	
LIFESTYLE:		
Functional medicine evaluation	X	X
Recommending supplements	X	X
Order specialty functional testing	X	X
Recommend lifestyle changes	X	X
Recommend Dietary changes	X	X
Health coaching		X

RATES:

Dr. Stein 2 HOUR EVALUATION - pre-session review of Intake, previous studies and labs, timeline and post session 4-5 page optimal health plan. Includes full physical exam with 6 sessions of Health Coaching with Nancy Uston-John. Follow-up visits occur every 2 months

	INITIAL	FOLLOW-UP
Functional Medicine Evaluation with Dr. Stein	\$1,600	\$600
Psychotherapy Evaluation with Dr. Stein	\$800 (90 min.)	\$300
Intake & Assessment with April Ritchotte	\$600	\$300